



FLETCHER/ROCKY MOUNTAIN PREP BREAKFAST AFTER THE BELL AND LUNCH MENU MAY 2018

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO

Cold sandwich offered daily as a second lunch option.



BREAKFAST AFTER THE BELL WAS PREVIOUSLY BREAKFAST IN THE CLASSROOM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Breakfast Mini Cinnamon French Toast Pan Tostado al Estilo Francés con Sabor a Canela Lunch Meatball Sub Sándwich de albóndigas	2 Breakfast Beef Sausage Sandwich Sándwich con Salchicha de Carne de Res Lunch Teriyaki Chicken Pollo con salsa "teriyaki"	3 Breakfast Cereal Cereal Lunch BBQ Sandwich Sándwich de pavo con salsa dulce, estilo barbacoa	4 Breakfast Yogurt and Graham Crackers Yogur y galletas de canela Lunch Cheese Sticks w/ Marinara Sauce Palitos de queso, con salsa de tomate estilo "marinara"
	7 Breakfast Dunkin Stick Palitos Glaceados Lunch Chicken Tenders Trocitos de pollo	8 Breakfast Waffles "Waffles" Lunch Chili Pie Chili con Frituras de maíz	9 Breakfast Pancake on Stick Panqueque en un palito Lunch Rad Ravioli Ravioles	10 Breakfast Ultimate Breakfast Round "Ultimate Breakfast Round" Lunch Cheeseburger Hamburguesa con queso
14 Breakfast Breakfast Burrito Burrito de desayuno Lunch Chicken Alfredo Pollo pasta alfredo	15 Breakfast Peach Cobbler Biscuit Postre de Durazno Lunch Super Nachos Super nachos	16 Breakfast Turkey-Ham & Cheese Bosco Stick Pan relleno de jamón de pavo y queso Lunch Pig in Blanket "Pig in a Blanket"	17 Breakfast Banana Muffin Panecillo de plátano Lunch Roast Turkey w/ Gravy Pavo asado con salsa Last Day of School-Fletcher	18 Breakfast Egg & Cheese Bosco Stick Pan relleno de huevo y queso Lunch Cheese or Pepperoni Pizza Pizza de pepperoni O Pizza de queso
21 Breakfast Breakfast Pancake Sandwich Sándwich de hotcakes para el desayuno Lunch Chicken Lo Mein Pollo con tallarines al estilo Lo Mein	22 Breakfast Frudel "Frudel" Lunch Hot Ham & Cheese Sandwich Sándwich caliente, de jamón y queso	23 Breakfast Breakfast Pizza Pizza de desayuno Lunch BBQ Chicken Pollo con salsa dulce, al estilo barbacoa	24 Breakfast Cereal Cereal Lunch Empanda Empanada	25 Breakfast Egg & Cheese Sandwich Sándwich de Huevo y Queso Lunch Enchiladas "Enchiladas"
28 Memorial Day No Classes	29 Breakfast Ultimate Breakfast Round "Ultimate Breakfast Round" Lunch Penne Pasta w/meatballs Fideo tallarín con albóndigas	30 Breakfast Bacon, Egg & Cheese on Toast Pan tostado con tocino, huevo y queso Lunch Orange Chicken Pollo con naranja	31 Breakfast Bagel-fuls "Bagel-fuls" Lunch Stuffed Cheeseburger Hamburguesa rellena de queso	

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Daily Breakfast and Lunch Selections: Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce
 Selección diaria de desayunos y almuerzos. Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

* Contains Pork/Contiene carne de cerdo