

JAMAICA AND EARLY BEGINNINGS BREAKFAST AND LUNCH MENU FEBRUARY 2018

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 In-Service Day No Classes	2 Parent Conference Day Exchange No Classes
5 Breakfast Ham & Cheese Croissant, Bananas Croissant de jamón y queso, Plátanos Lunch Chicken Quesadilla, Green Beans, Strawberries Quesadilla con pollo ,Ejotes, Fresas	6 Breakfast Cereal, Kiwi Cereal, kiwi Lunch Cheese Pizza, Roasted Zucchini, Pears Pizza de queso , Calabacines asados, Pera	7 Breakfast Egg & Cheese Biscuit, Blueberries Sándwich de huevo y queso en un panecillo, Moras azules Lunch Chicken Patty Sandwich, Green peas, Strawberries Sándwich de pollo, Chicharos, Fresas	8 Breakfast Blueberry Muffin, Sliced Peaches Mollete de arándano, Duraznos rebanados Lunch Beef Pot Roast, Mashed Potatoes, Sliced Peaches Carne de res rostizada, Puré de papa, Duraznos rebanados	9 Breakfast Breakfast Burrito, Strawberries Burrito de desayuno, Fresas Lunch Bean and Cheese Burrito, Carrot, Fruit Mix Burrito de frijoles y queso, Zanahorias, Frutas variadas
12 Breakfast Breakfast Pizza, Sliced Peaches Pizza de desayuno, Duraznos rebanados Lunch Beef Soft Taco, Corn, Oranges Taco de res, con tortilla blanda, maíz, Naranjas	13 Breakfast Mini French Toast, Strawberries Pan Tostado al Estilo Francés, Fresas Lunch Meatball Sub, Broccoli, Pears Sándwich de albóndigas, Brócoli, Pera	14 Breakfast Beef Sausage Sandwich, Applesauce Sándwich de Salchicha de Carne de Res, Puré de manzana Lunch Teriyaki Chicken, Asian Steamed Vegetables Mandarin Oranges Pollo con salsa "teriyaki", Vegetales al vapor estilo asiático, Mandarinas	15 Breakfast Pancake, Oranges Panqueque, Naranjas Lunch BBQ Sandwich, Sweet Potato Fries, Honeydew Sándwich de pavo con salsa dulce, estilo barbacoa, Patatas dulces fritas	16 Breakfast Yogurt and Graham Crackers, Banana Yogur y galletas de canela, Plátanos Lunch Cheese Sticks w/ Marinara Sauce Roasted Cauliflower, Kiwi Palitos de queso, con salsa de tomate estilo "marinara", Coliflor asado, kiwi
19 President's Day No Classes	20 Breakfast Waffles, Pear "Waffles", Pera Lunch Chili Pie, Green Beans, Pears Chili con Frituras de maíz, Ejotes, Pera	21 Breakfast Bacon, Egg & Cheese Toast, Oranges Pan tostado con tocino, huevo y queso, Naranjas Lunch Rad Ravioli, Cucumber, Sliced Peaches Ravioles, Pepino, Duraznos rebanados	22 Breakfast Cereal, Oranges Cereal, Naranjas Lunch Cheeseburger, French Fry, Strawberries Hamburguesa de queso, Papas fritas, Fresas	23 Breakfast Egg & Cheese Sandwich, Bananas Sándwich de Huevo y Queso, Plátanos Lunch Macaroni and Cheese, Broccoli, Pear Macarrones con queso, Brócoli, Pera
26 Breakfast Breakfast Burrito, Pineapple Tidbits Burrito de desayuno, Trocitos de piña Lunch Chicken Alfredo, Broccoli, Sliced Peaches Pollo pasta alfredo, Brócoli, Duraznos rebanados	27 Breakfast Peach Cobbler Biscuit, Fruit Mix Postre de Durazno, Frutas variadas Lunch Ham Sub Sandwich, Green Beans, Honeydew Sándwich de jamón, Ejotes, Gotas de miel	28 Breakfast Turkey-Ham & Cheese Bosco Stick, Mandarin Oranges Pan relleno de jamón de pavo y queso, Mandarinas Lunch Cheese Pizza, Cucumber, Cantaloupe Pizza de queso, Pepino, Cantalupo		

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All milk served to 1 year olds is unflavored whole milk, participants 2 years and older will be served unflavored low-fat milk
Toda la leche que se sirve a los niños de 1 año de edad es leche entera y sin sabor, a los niños participantes de 2 años de edad y mayores se les servirá leche baja en grasa y sin sabor

*Contains Pork/Contiene carne de cerdo