



LOTUS SCHOOL for EXCELLENCE K-5 BREAKFAST AND LUNCH MENU JANUARY 2018

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO

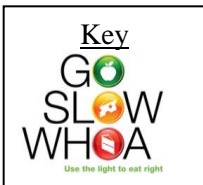
Variety of Cereal is offered daily as a second breakfast option.
Cold sandwiches offered daily as a second lunch option.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 Breakfast Pancake "Panqueque" Lunch Chicken Alfredo Pollo pasta alfredo	9 Breakfast Peach Cobbler Biscuit Postre de Durazno Lunch Super Nachos Super nachos	10 Breakfast Granola and yogurt Yogur y granola Lunch Pig in Blanket "Pig in a Blanket"	11 Breakfast Banana Muffin Panecillo de plátano Lunch Roast Turkey w/ Gravy Pavo asado con salsa	12 Map Testing No Classes
15 Martin Luther King Jr. Day No Classes	16 Breakfast Frudal "Frudal" Lunch Hot Ham & Cheese Sandwich Sándwich caliente, de jamón y queso	17 Breakfast Mini Loaf & Assorted Cheese Stick Panecito & surtido de palitos de queso Lunch BBQ Chicken Pollo con salsa dulce, al estilo barbacoa	18 Breakfast Bagel & Cream Cheese Pan tipo "bagel", con queso crema Lunch Empanda Empanada	19 Breakfast Bagel-fuls "Bagel-fuls" Lunch Enchiladas "Enchiladas"
22 Breakfast Mini Loaf & Assorted Cheese Stick Panecito & surtido de palitos de queso Lunch Mexican Combo Combinación mexican	23 Breakfast Pancake "Panqueque" Lunch Penne Pasta w/meatballs Fideo tallarán con albóndigas	24 Breakfast Peach Cobbler Biscuit Postre de Durazno Lunch Orange Chicken Pollo con naranja	25 Breakfast Bagel-fuls "Bagel-fuls" Lunch Stuffed Cheeseburger Hamburguesa rellena de queso	26 Breakfast Ultimate Breakfast Round "Ultimate Breakfast Round" Lunch Breakfast for Lunch Platillos de desayuno para la comida
29 Breakfast Granola and yogurt Yogur y granola Lunch Fish Tacos Tacos de Pescado RIPS- 100% fruit juice slush "RIPS" SLUSH - Jugo de frutas 100% natural	30 Breakfast Cinni-Minis Rollitos de pan con canela Lunch Cheese or Pepperoni Pizza Pizza de pepperoni O Pizza de queso	31 Breakfast Cereal & Assorted Cheese Stick Cereal Surtido de palitos de queso Lunch Chicken Patty Sandwich Sándwich de pollo		

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Daily Breakfast and Lunch Selections: Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce
Selección diaria de desayunos y almuerzos. Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

* Contains Pork/Contiene carne de cerdo

