

# LOTUS SCHOOL for EXCELLENCE 6-12 BREAKFAST & LUNCH MENU NOVEMBER 2017

*MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO*

**Breakfast listed in Red.**

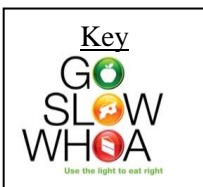
**Assorted Sandwiches offered at Lunch, choices may vary daily;**

Turkey & Cheese on a Bun, PBJ Sandwich, Veggie Submarine, Ham and Cheese on Bun, Tuna Salad Sandwich, Egg Salad Sandwich

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|---|--|--|--|
| <b>8</b><br><span style="color: red;">Pancake</span><br>Mexican Combo<br>Chicken Patty Sandwich<br>Chicken Caesar Salad   | <b>9</b><br><span style="color: red;">Peach Cobbler Biscuit</span><br>Calzone<br>Cheeseburger<br>Spicy Chicken Salad                    | <b>10</b><br><span style="color: red;">Yogurt &amp; Granola</span><br>Empanada<br>Cheese Stick w/ Marinara<br>Southwest Chicken Salad                      | <b>11</b><br><span style="color: red;">Banana Muffin</span><br>Enchiladas<br>Cheeseburger<br>Spinach Salad                                   | <b>Map Testing<br/>No Classes</b>  |
| <b>15</b><br><b>Martin Luther King Jr. Day<br/>No Classes</b>   | <b>16</b><br><span style="color: red;">Frudel</span><br>Chili Pie<br>Cheeseburger<br>Spicy Chicken Salad                                | <b>17</b><br><span style="color: red;">Mini Loaf &amp; Assorted Cheese Stick</span><br>Orange Chicken<br>Spicy Chicken Sandwich<br>Southwest Chicken Salad | <b>18</b><br><span style="color: red;">Bagel and Cream Cheese</span><br>Bean & Cheese Burrito w/green chili<br>Cheeseburger<br>Spinach Salad | <b>19</b><br><span style="color: red;">Bagel-ful</span><br>Chicken Alfredo<br>Pepperoni or Cheese Pizza<br>Taco Salad                                  |
| <b>22</b><br><span style="color: red;">Mini Loaf &amp; Assorted Cheese Stick</span><br>Rad Ravioli<br>Burrito Bowl<br>Pepperoni or Cheese Pizza<br>Chicken Patty Sandwich<br>Chicken Caesar Salad | <b>23</b><br><span style="color: red;">Pancake</span><br>Teriyaki Chicken<br>Cheeseburger<br>Spicy Chicken Salad                        | <b>24</b><br><span style="color: red;">Peach Cobbler Biscuit</span><br>Empanada<br>Cheese Stick w/ Marinara<br>Southwest Chicken Salad                     | <b>25</b><br><span style="color: red;">Bagel-ful</span><br>Nachos<br>Chicken Tenders<br>Spinach Salad  | <b>26</b><br><span style="color: red;">Ultimate Breakfast Round</span><br>Beef & Bean Burrito w/green chili<br>Pepperoni or Cheese Pizza<br>Taco Salad |
| <b>29</b><br><span style="color: red;">Yogurt &amp; Granola</span><br>Chicken Patty Sandwich<br>Chicken Caesar Salad  | <b>30</b><br><span style="color: red;">Cinni-Mini</span><br>Calzone<br>Hot Ham & Cheese Sandwich<br>Cheeseburger<br>Spicy Chicken Salad | <b>31</b><br><span style="color: red;">Variety of Cereal w/ Cheese Stick</span><br>Orange Chicken<br>Beef Taco<br>Southwest Chicken Salad                  |  |  |

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**Daily Breakfast and Lunch Selections:** Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce  
**Selección diaria de desayunos y almuerzos.** Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

\* Contains Pork/Contiene carne de cerdo

