



# LOTUS SCHOOL for EXCELLENCE K-5 BREAKFAST AND LUNCH MENU DECEMBER 2017

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO

Variety of Cereal is offered daily as a second breakfast option.  
Cold sandwiches offered daily as a second lunch option.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1 Breakfast</b> Ultimate Breakfast Round "Ultimate Breakfast Round"  <b>Lunch</b> Breakfast for Lunch Platillos de desayuno para la comida
<b>4 Breakfast</b> Granola and yogurt Yogur y granola  <b>Lunch</b> Fish Tacos Tacos de Pescado  RIPS- 100% fruit juice slush "RIPS" SLUSH - Jugo de frutas 100% natural	<b>5 Breakfast</b> Cinni-Minis Rollitos de pan con canela  <b>Lunch</b> Cheese or Pepperoni Pizza Pizza de pepperoni O Pizza de queso	<b>6 Breakfast</b> Cereal & Assorted Cheese Stick Cereal Surtido de palitos de queso  <b>Lunch</b> Chicken Patty Sandwich Sándwich de pollo	<b>7 Breakfast</b> Blueberry Muffin Mollete de arándano  <b>Lunch</b> Beef Pot Roast Carne de res rostizada	<b>8 Breakfast</b> Bagel & Cream Cheese Pan tipo "bagel", con queso crema  <b>Lunch</b> Bean and Cheese Burrito Burrito de frijoles y queso
<b>11 Breakfast</b> Cinnamon Gram Crackers & Assorted Cheese Sticks Galletas de canela & variedad de barritas de queso  <b>Lunch</b> Beef Hard Taco Taco de res, con tortilla dura	<b>12 Breakfast</b> Mini Cinnamon French Toast Pan Tostado al Estilo Francés con Sabor a Canela  <b>Lunch</b> Meatball Sub Sándwich de albóndigas	<b>13 Breakfast</b> Bagel-fuls "Bagel-fuls"  <b>Lunch</b> Teriyaki Chicken Pollo con salsa "teriyaki"	<b>14 Breakfast</b> Pancake "Panqueque"  <b>Lunch</b> BBQ Sandwich Sándwich de pavo con salsa dulce, estilo barbacoa	<b>15 Breakfast</b> Yogurt and Graham Crackers Yogur y galletas de canela  <b>Lunch</b> Cheese Sticks w/ Marinara Sauce Palitos de queso, con salsa de tomate estilo "marinara"
<b>18 Breakfast</b> Mini Loaf & Assorted Cheese Stick Panecito & surtido de palitos de queso  <b>Lunch</b> Chicken Tenders Trocitos de pollo	<b>19 Breakfast</b> Waffles "Waffles"  <b>Lunch</b> Chili Pie Chili con Frituras de maíz	<b>20 Breakfast</b> Pancake on Stick Panqueque en un palito  <b>Lunch</b> Rad Ravioli Ravioles	<b>21 Breakfast</b> Ultimate Breakfast Round "Ultimate Breakfast Round"  <b>Half Day- No Lunch Served</b>	<b>22</b>
<h2 style="color: red; margin: 0;">Winter Recess Dec. 22 – Jan. 5</h2>				

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**Daily Breakfast and Lunch Selections:** Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce  
**Selección diaria de desayunos y almuerzos.** Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

\* Contains Pork/Contiene carne de cerdo

