

# LOTUS SCHOOL for EXCELLENCE 6-12

## BREAKFAST & LUNCH MENU



### NOVEMBER 2017

*MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO*

**Breakfast listed in Red.**

**Assorted Sandwiches offered at Lunch, choices may vary daily;**

Turkey & Cheese on a Bun, PBJ Sandwich, Veggie Submarine, Ham and Cheese on Bun, Tuna Salad Sandwich, Egg Salad Sandwich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b>  <span style="color: red;">Bagel-ful</span>  BBQ Chicken Pepperoni or Cheese Pizza Southwest Chicken Salad	<b>2</b>  <span style="color: red;">Pancake</span>  Chili Dog Cheeseburger Spinach Salad	<b>3</b>  <span style="color: red;">Yogurt &amp; Graham Cracker</span>  Meatball Sub Pepperoni or Cheese Pizza Spicy Chicken Sandwich Taco Salad
<b>6</b>  <span style="color: red;">Mini Loaf &amp; Assorted Cheese Stick</span>  Penne Pasta w/meatballs  Chicken Caesar Salad	<b>7</b>  <span style="color: red;">Waffles</span>  Chili Pie Cheeseburger Spicy Chicken Salad	<b>8</b>  <span style="color: red;">Cinni-Mini</span>  Orange Chicken Pepperoni or Cheese Pizza Southwest Chicken Salad	<b>9</b>  <span style="color: red;">Ultimate Breakfast Round</span>  Bean & Cheese Burrito w/green chili Cheeseburger Spinach Salad	<b>10</b>  <span style="color: red;">Bagel &amp; Cream Cheese</span>  Chicken Alfredo Spicy Chicken Sandwich Taco Salad <b>Early Release Day</b>
<b>13</b>  <span style="color: red;">Pancake</span>  Rad Ravioli Chicken Patty Sandwich Chicken Caesar Salad	<b>14</b>  <span style="color: red;">Peach Cobbler Biscuit</span>  Calzone Cheeseburger Spicy Chicken Salad	<b>15</b>  <span style="color: red;">Yogurt &amp; Granola</span>  Empanada Cheese Stick w/ Marinara Southwest Chicken Salad	<b>16</b>  <span style="color: red;">Banana Muffin</span>  Roasted Turkey w/gravy Uncrustable Spicy Chicken Salad	<b>17</b>  <span style="color: red;">French Toast</span>  Beef & Bean Burrito w/green chili Spicy Chicken Sandwich Taco Salad
<b>20</b>  <span style="color: red;">Waffles</span>  Penne Pasta w/meatballs Chicken Patty Sandwich Chicken Caesar Salad	<b>21</b>  <span style="color: red;">Frudals</span>  Calzone Cheeseburger Spicy Chicken Salad	<b>22</b>  <span style="color: red;">Mini Loaf &amp; Assorted Cheese Stick</span>  Orange Chicken Pepperoni or Cheese Pizza Southwest Chicken Salad		<b>No Classes</b> <b>Thanksgiving Break</b> <b>November 23-24</b>
<b>27</b>  <span style="color: red;">Mini Loaf &amp; Assorted Cheese Stick</span>  Mexican Combo Chicken Patty Sandwich Chicken Caesar Salad	<b>28</b>  <span style="color: red;">Pancake</span>  Calzone Cheeseburger Spicy Chicken Salad	<b>29</b>  <span style="color: red;">Peach Cobbler Biscuit</span>  BBQ Chicken Breakfast for Lunch Southwest Chicken Salad	<b>30</b>  <span style="color: red;">Bagel-ful</span>  Enchiladas Cheeseburger Spinach Salad	

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**Daily Breakfast and Lunch Selections:** Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce  
**Selección diaria de desayunos y almuerzos.** Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

\*Contains Pork/Contiene carne de cerdo