

LOTUS SCHOOL for EXCELLENCE 6-12 BREAKFAST & LUNCH MENU OCTOBER 2017

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO

Breakfast listed in Red.

Assorted Sandwiches offered at Lunch, choices may vary daily;

Turkey & Cheese on a Bun, PBJ Sandwich, Veggie Submarine, Ham and Cheese on Bun, Tuna Salad Sandwich, Egg Salad Sandwich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pancake Mexican Combo Chicken Patty Sandwich Chicken Caesar Salad	3 Peach Cobbler Biscuit Chicken Lo Mein Cheeseburger Spicy Chicken Salad	4 Yogurt & Granola BBQ Chicken Breakfast for Lunch Pepperoni or Cheese Pizza Southwest Chicken Salad	5 Banana Muffin Chili Dog Cheeseburger Spinach Salad	6 French Toast Meatball Sub Pepperoni or Cheese Pizza Taco Salad
9 Waffles Penne Pasta w/meatballs Chicken Patty Sandwich Chicken Caesar Salad	10 Frudel Calzone Cheeseburger Spicy Chicken Salad	11 Mini Loaf & Assorted Cheese Stick Orange Chicken Pepperoni or Cheese Pizza Southwest Chicken Salad	12 Bagel & Cream Cheese Bean & Cheese Burrito w/green chili Cheeseburger Spinach Salad	13 Bagel-ful Chicken Alfredo Pepperoni or Cheese Pizza Taco Salad
16	17	18	19	20
<div style="border: 1px solid black; padding: 10px; display: inline-block;"> <h2 style="margin: 0;">Fall Break October 16-20</h2> </div>				
23 Yogurt & Granola Chicken Taco Chicken Patty Sandwich Chicken Caesar Salad	24 Cinni-Mini Calzone Cheeseburger Spicy Chicken Salad	25 Variety of Cereal & Cheese Stick Orange Chicken Beef Taco Southwest Chicken Salad	26 Blueberry Muffin Hot Dog Cheeseburger Spinach Salad	27 Bagel & Cream Cheese Cheese Stick Pepperoni or Cheese Pizza Taco Salad
30 Pancake Mexican Combo Chicken Patty Sandwich Chicken Caesar Salad	31 French Toast Chicken Lo Mein Cheeseburger Spicy Chicken Salad			

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Daily Breakfast and Lunch Selections: Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce
Selección diaria de desayunos y almuerzos. Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

*Contains Pork/Contiene carne de cerdo