



JAMAICA AND EARLY BEGINNINGS BREAKFAST AND LUNCH MENU OCTOBER 2017

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO



Variety of Cereal is offered daily as a second breakfast option.

Cold sandwich offered daily as a second lunch option.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Breakfast Breakfast Burrito Pineapple Tidbits Lunch Chicken Alfredo Roasted Zucchini, Sliced Peaches	3 Breakfast Peach Cobbler Biscuit Fruit Mix Lunch Mexican Haystack Green Beans, Honeydew	4 Breakfast Turkey-Ham & Cheese Bosco Stick Mandarin Oranges Lunch Turkey Sub Cucumber, Cantaloupe	5 Breakfast Peach Muffin Pineapple Tidbits Lunch Roast Turkey w/ Gravy Mashed Potatoes, Blueberries	6 Breakfast Egg & Cheese Bosco Stick Pears Lunch Cheese or Pepperoni Pizza Carrots, Pears
9 Breakfast Breakfast Pancake Sandwich Sliced Peaches Lunch Chicken Lo Mein Asian Steamed Vegetables Sliced Peaches	10 Breakfast Fruital Applesauce Lunch Hot Ham & Cheese Sandwich Baked Beans, Mandarin Oranges	11 Breakfast Bagel w/Cream Cheese Pineapple Tidbits Lunch BBQ Chicken Sweet Potato Fries, Sliced Peaches	12 Breakfast Mini Loaf Banana Lunch Empanada Green Beans, Oranges	13 Breakfast Egg & Cheese Bosco Stick Blueberries Lunch Enchiladas Green Peas, Pineapple Tidbits
16	<div style="border: 1px solid black; padding: 10px; display: inline-block;"> Fall Break October 16-20 </div>			20
23 Breakfast Cereal Mandarin Oranges Lunch Cheese Pizza Green Beans, Sliced Peaches	24 Breakfast Pancake Strawberries Lunch Chicken Tenders Mixed Vegetables, Applesauce	25 Breakfast Bacon, Egg & Cheese Toast Apples Lunch Tamale Corn, Watermelon	26 Breakfast Bagel-ful Fruit Mix Lunch Orange Chicken Asian steamed vegetables Mandarin Oranges	27 Breakfast Mini Loaf & Cheese Stick Honeydew Lunch Rad Ravioli Roasted Cauliflower, Kiwi
30 Breakfast Ham & Cheese Croissant Banana Lunch Chicken Quesadilla Green beans, Strawberries	31 Breakfast Cereal Kiwi Lunch Cheese or Pepperoni Pizza Zucchini, Pears			

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Daily Breakfast and Lunch Selections: Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce
 Selección diaria de desayunos y almuerzos. Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

* Contains Pork/Contiene carne de cerdo

