

HIGH SCHOOL BREAKFAST & LUNCH MENU OCTOBER 2017

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO

Breakfast listed in Red.
Variety Cereal is offered daily as a second breakfast option/ Diariamente se ofrece una variedad de cereales como segunda opción para el desayuno
 Assorted Sandwiches offered at Lunch, choices may vary daily;
 Turkey & Cheese on a Bun, PBJ Sandwich, Veggie Submarine, Ham and Cheese on Bun, Tuna Salad Sandwich, Egg Salad Sandwich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Sausage, Egg Biscuit Pepperoni or Cheese Pizza Mexican Combo Chicken Patty Sandwich Chicken Caesar Salad	3 Breakfast Pizza Calzone Chicken Lo Mein Cheeseburger Spicy Chicken Salad	4 French Toast BBQ Chicken Breakfast for Lunch Pepperoni or Cheese Pizza Spicy Chicken Sandwich Southwest Chicken Salad	5 Ham & Cheese Croissant Stromboli Enchiladas Chili Dog Cheeseburger Spinach Salad	6 Bacon, Egg and Cheese on Toast Macaroni & Cheese Meatball Sub Pepperoni or Cheese Pizza Spicy Chicken Sandwich Taco Salad
9 Ham & Cheese Croissant Penne Pasta w/meatballs BBQ Turkey Sandwich Pepperoni or Cheese Pizza Chicken Patty Sandwich Chicken Caesar Salad	10 Egg & Cheese Sandwich Calzone Chili Pie Chicken Pot Pie Cheeseburger Spicy Chicken Salad	11 Turkey-Ham & Cheese Bosco Stick Orange Chicken Pot Roast Pepperoni or Cheese Pizza Spicy Chicken Sandwich Southwest Chicken Salad	12 Breakfast Pancake Sandwich Stromboli Bean & Cheese Burrito w/green chili Cheeseburger Turkey Sub Spinach Salad	13 Teacher Workday No School
16	17	18	19	20
<div style="border: 1px solid black; padding: 10px; display: inline-block;"> <h2 style="color: #f4a460;">Fall Break October 16-20</h2> </div>				
23 Ultimate Breakfast Round Penne Pasta w/meatballs Chicken Taco Pepperoni or Cheese Pizza Chicken Patty Sandwich Chicken Caesar Salad	24 Egg & Cheese Biscuit Calzone Hot Ham & Cheese Sandwich Cheeseburger Spicy Chicken Salad	25 Breakfast Pancake Sandwich Orange Chicken Beef Taco Pepperoni or Cheese Pizza Spicy Chicken Sandwich Southwest Chicken Salad	26 Pancake on Stick Roasted Turkey Hot Dog Stromboli Cheeseburger Spinach Salad	27 Turkey-Ham & Cheese Bosco Stick Mexican Combo Cheese Stick Pepperoni or Cheese Pizza Spicy Chicken Sandwich Taco Salad
30 Chicken Sausage Breakfast Biscuit Pepperoni or Cheese Pizza Mexican Combo Chicken Patty Sandwich Chicken Caesar Salad	31 Breakfast Pizza Calzone Chicken Lo Mein Cheeseburger Spicy Chicken Salad			

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Daily Breakfast and Lunch Selections: Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce
Selección diaria de desayunos y almuerzos. Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados. ***Contains Pork/Contiene carne de cerdo**