

MIDDLE SCHOOL BREAKFAST AND LUNCH MENU OCTOBER 2017

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO

Variety Cereal is offered daily as a second breakfast option.

Cold sandwiches offered daily as a second lunch option.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Breakfast Breakfast Pancake Sandwich Sándwich de <i>hotcakes</i> para el desayuno Lunch Macaroni and Cheese Chicken Tenders Macarrones con ques Trocitos de pollo	3 Breakfast Frudal "Frudal" Lunch Mexican Combo Chicken Pot Pie Combinación mexicana Pastel de pollo asado	4 Breakfast Breakfast Pizza Pizza de desayuno Lunch Chili Pie Teriyaki Chicken Chile con Frituras de Maíz Pollo con salsa "teriyaki"	5 Breakfast Bagel & Cream Cheese Pan tipo "bagel", con queso crema Lunch Sliced Turkey Roast Cheeseburger Pavo asado con salsa Hamburguesa con queso	6 Breakfast Egg & Cheese English Muffin Sandwich Mollete inglés de huevo y queso Lunch Cheese or Pepperoni Pizza Chicken Alfredo Pizza de queso o Pizza de pepperoni Pollo pasta alfredo
9 Breakfast Pancake Panqueque Lunch Super Nachos Fish Taco Super Nachos Tacos de Pescado	10 Breakfast Ultimate Breakfast Round "Ultimate Breakfast Round" Lunch Pot Roast Cheese Sticks w/ Marinara Sauce Carne de res a la cacerola Palitos de queso, con salsa de tomate estilo "marinara"	11 Breakfast Bacon, Egg & Cheese on Toast Pan tostado con tocino, huevo y queso Lunch Orange Chicken Hamburger Pollo con naranja Hamburguesa	12 Professional Development Day No Classes	13 Teacher Workday No Classes
16	17	18	19	20
23 Breakfast Breakfast Pizza Pizza de desayuno Lunch Enchiladas Meatball Sub "Enchiladas" Sándwich de albóndigas	24 Breakfast Mini French Toast Pan Tostado al Estilo Francés Lunch Pig in a Blanket Chicken Tenders "Pig in a Blanket" Trocitos de pollo	25 Breakfast Beef Sausage Sandwich Sándwich de Salchicha de Carne de Res Lunch Teriyaki Chicken Hamburger Pollo con salsa "teriyaki" Hamburguesa	26 Breakfast Pancake Panqueque Lunch Empanada Fish Taco EmpanadaTacos de Pescado	27 Breakfast Yogurt and Graham Crackers Yogur y galletas de canela Lunch Cheese or Pepperoni Pizza BBQ Turkey Sandwich Pizza de queso o Pizza de pepperoni Sándwich de pavo con salsa dulce, estilo barbacoa
30 Breakfast Dunkin Stick Palitos glaceados Lunch Beef Taco Chili Dog Taco de res 'Chili Dog'	31 Breakfast Waffles "Waffles" Lunch Stromboli Chicken Tenders "Stromboli" Trocitos de pollo			

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Daily Breakfast and Lunch Selections: Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce
 Selección diaria de desayunos y almuerzos. Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

* Contains Pork/Contiene carne de cerdo