




JAMAICA AND EARLY BEGINNINGS BREAKFAST AND LUNCH MENU SEPTEMBER 2017

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO



Variety Cereal is offered daily as a second breakfast option/ Diariamente se ofrece una variedad de cereales como segunda opción para el desayuno
Cold sandwiches offered daily as a second lunch option/ Diariamente se ofrecen sándwiches fríos como segunda opción para el almuerzo

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Breakfast Egg & Cheese Bosco Stick Blueberries Lunch Enchiladas Green Peas, Pineapple Tidbits Early Release Day
4 Labor Day No Classes	5 Breakfast Ultimate Breakfast Round Applesauce Lunch Tamale Corn, Watermelon	6 Breakfast Pancake Mandarin Oranges Lunch Lasagna Green Beans, Pears	7 Breakfast Bacon, Egg & Cheese on Toast Apples Lunch Turkey Sub Sandwich Broccoli, Pears	8 Breakfast Bagel-ful Fruit Mix Lunch Orange Chicken Asian steamed vegetables Mandarin Oranges
11 Breakfast Ham & Cheese Croissant Banana Lunch Chicken Quesadilla Green beans, Strawberries Bronco Home Opener!	12 Breakfast Cinni Minis Kiwi Lunch Cheese or Pepperoni Pizza Zucchini, Pears	13 Breakfast Breakfast Burrito Strawberries Lunch Beef Pot Roast Mashed Potatoes, Sliced Peaches 	14 Breakfast Apple Muffin Sliced Peaches Lunch Chicken Patty Sandwich Green peas, Strawberries	15 In-Service Day No Classes
18 Breakfast Breakfast Pizza Sliced Peaches Lunch Beef Soft Taco Corn, Oranges	19 Breakfast Mini French Toast Strawberries Lunch Meatball Sub Broccoli, Pears	20 Breakfast Beef Sausage Sandwich Applesauce Lunch Teriyaki Chicken Asian Steamed Vegetables Mandarin Oranges	21 Breakfast Pancake Orange Lunch BBQ Sandwich Sweet Potato Fries, Honeydew	22 Breakfast Yogurt and Graham Crackers Banana Lunch Cheese Sticks w/ Marinara Sauce Cauliflower, Kiwi
25 Breakfast Egg & Cheese Slider Sliced Peaches Lunch Chicken Tenders Green Peas, Oranges	26 Breakfast Waffles Pear Lunch Penne Pasta w/Meatballs Green Peas, Fruit Mix	27 Breakfast Pancake on a Stick Oranges Lunch Baked Potato w/Chili Cucumber, Sliced Peaches	28 Breakfast Ultimate Breakfast Round Fruit Mix Lunch Cheeseburger French Fries, Strawberries	29 Breakfast Egg & Cheese Sandwich Banana Lunch Macaroni & Cheese Broccoli, Pears

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Daily Breakfast and Lunch Selections: Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce
Selección diaria de desayunos y almuerzos. Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.
 **Contains Pork/Contiene carne de cerdo