



# JAMAICA AND EARLY BEGINNINGS BREAKFAST AND LUNCH MENU AUGUST 2017

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO



Variety of Cereal is offered daily as a second breakfast option.  
Cold sandwich offered daily as a second lunch option.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	<b>8 Breakfast</b> Mini French Toast Strawberries  <b>Lunch</b> Meatball Sub Broccoli, Pears  <b>First Day of School –Early Beginnings</b>	<b>9 Breakfast</b> Beef Sausage Sandwich Applesauce  <b>Lunch</b> Teriyaki Chicken Asian Steamed Vegetables Mandarin Oranges	<b>10 Breakfast</b> Pancake Orange  <b>Lunch</b> BBQ Sandwich Sweet Potato Fries, Honeydew	<b>11 Breakfast</b> Yogurt and Graham Crackers Banana  <b>Lunch</b> Stuffed Cheese Stick w/ Marinara Sauce Cauliflower, Kiwi
<b>14 Breakfast</b> Egg & Cheese Slider Sliced Peaches  <b>Lunch</b> Chicken Tenders Green Peas, Oranges  <b>First Day of School –Preschool, Kindergarten</b>	<b>15 Breakfast</b> Waffles Pear  <b>Lunch</b> Penne Pasta w/Meatballs Green Beans, Fruit Mix	<b>16 Breakfast</b> Pancake on Stick Orange  <b>Lunch</b> Baked Potato w/Chili Cucumber, Sliced Peaches	<b>17 Breakfast</b> Ultimate Breakfast Round Fruit Mix  <b>Lunch</b> Cheeseburger French Fries, Strawberries	<b>18 Breakfast</b> Fiesta Egg& Cheese Sandwich Banana  <b>Lunch</b> Macaroni & Cheese Broccoli, Pears
<b>21 Breakfast</b> Breakfast Burrito Pineapple Tidbits  <b>Lunch</b> Chicken Alfredo Roasted Zucchini, Sliced Peaches	<b>22 Breakfast</b> Crunch Bar Strawberries  <b>Lunch</b> Mexican Haystack Green Beans, Honeydew	<b>23 Breakfast</b> Egg & Cheese Pita Mandarin Oranges  <b>Lunch</b> Turkey Sub Cucumber, Cantaloupe	<b>24 Breakfast</b> Peach Muffin Pineapple Tidbits  <b>Lunch</b> Roast Turkey w/ Gravy Mashed Potatoes, Blueberries	<b>25 Breakfast</b> Egg & Cheese English Muffin Sandwich Pears  <b>Lunch</b> Cheese or Pepperoni Pizza Carrots, Pears
<b>28 Breakfast</b> Breakfast Pancake Sandwich Sliced Peaches  <b>Lunch</b> Chicken Lo Mein Asian Steamed Vegetables Sliced Peaches	<b>29 Breakfast</b> Fruital Applesauce  <b>Lunch</b> Hot Ham & Cheese Sandwich Baked Beans, Mandarin Oranges	<b>30 Breakfast</b> Bagel w/Cream Cheese Pineapple Tidbits  <b>Lunch</b> BBQ Chicken Sweet Potato, Watermelon	<b>31 Breakfast</b> Breakfast Pizza Banana  <b>Lunch</b> Empanada Green Beans, Oranges	

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Daily Breakfast and Lunch Selections: Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce  
 Selección diaria de desayunos y almuerzos. Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

\* Contains Pork/Contiene carne de cerdo

