

LOTUS SCHOOL of EXCELLENCE 6-12 BREAKFAST & LUNCH MENU JANUARY 2017

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO

Breakfast listed in Red.
Variety Cereal is offered daily as a second breakfast option/ Diariamente se ofrece una variedad de cereales como segunda opción para el desayuno

Assorted Sandwiches offered at Lunch, choices may vary daily;
Turkey & Cheese on a Bun, PBJ Sandwich, Veggie Submarine, Ham and Cheese on Bun, Tuna Salad Sandwich, Egg Salad Sandwich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Winter Recess December 19 – January 6				
2	3	4	5	6
9 Mini Loaf & Assorted Cheese Sticks Lasagna Pepperoni or Cheese Pizza Chicken Caesar Salad	10 Waffles Teriyaki Chicken Cheeseburger Spicy Chicken Salad	11 Cinni-Minis Empanada Cheese Stick w/ Marinara Southwest Chicken Salad	12 Ultimate Breakfast Round Nachos Chicken Tenders Spinach Salad	13 No School PD Day
16 Martin Luther King Jr. Day No Classes	17 Pancake Penne Pasta w/meatballs Pepperoni or Cheese Pizza Chicken Caesar Salad	18 Crunch Bar Orange Chicken Beef Taco Southwest Chicken Salad	19 Granola & Yogurt Pig in the Blanket Cheeseburger Spinach Salad	20 Pineapple Muffin Mexican Combo Spicy Chicken Sandwich Taco Salad
23 Waffles Pepperoni or Cheese Pizza Mexican Combo Chicken Caesar Salad	24 Fudals Chicken Lo Mein Cheeseburger Spicy Chicken Salad	25 Mini Loaf & Assorted Cheese Sticks BBQ Chicken Cheese Ravioli w/marinara sauce Southwest Chicken Salad	26 Bagel & Cream Cheese Chili Dog Cheeseburger Spinach Salad	27 Mini Cinnamon French Toast Meatball Sub Spicy Chicken Sandwich Taco Salad
30 Ultimate Breakfast Round Penne Pasta w/meatballs Pepperoni or Cheese Pizza Chicken Caesar Salad	31 Pancake Baked Potato w/Chili Cheeseburger Spicy Chicken Salad			

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Daily Breakfast and Lunch Selections: Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce
Selección diaria de desayunos y almuerzos. Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

*Contains Pork/Contiene carne de cerdo

