

LOTUS SCHOOL of EXCELLENCE 6-12 BREAKFAST & LUNCH MENU DECEMBER 2016

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO



Breakfast listed in Red.
Variety Cereal is offered daily as a second breakfast option/ Diariamente se ofrece una variedad de cereales como segunda opción para el desayuno

Assorted Sandwiches offered at Lunch, choices may vary daily;
Turkey & Cheese on a Bun, PBJ Sandwich, Veggie Submarine, Ham and Cheese on Bun, Tuna Salad Sandwich, Egg Salad Sandwich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Bagel & Cream Cheese Bean & Cheese Burrito Cheeseburger Spinach Salad	2 Mini Cinnamon French Toast Chicken Alfredo Pepperoni or Cheese Pizza Taco Salad
5 Ultimate Breakfast Round Penne Pasta w/meatballs Chicken Patty Sandwich Chicken Caesar Salad	6 Pancake Calzone Cheeseburger Spicy Chicken Salad	7 Crunch Bar Orange Chicken Beef Taco Southwest Chicken Salad	8 Bagel-fuls Stromboli Cheeseburger Spinach Salad	9 Mini Loaf & Assorted Cheese Sticks Mexican Combo Pepperoni or Cheese Pizza Taco Salad
12 Granola & yogurt Pepperoni or Cheese Pizza Chicken Patty Sandwich Chicken Caesar Salad	13 Cinni-Minis Chicken Lo Mein Cheeseburger Spicy Chicken Salad	14 Bagel & Cream Cheese BBQ Chicken Cheese Ravioli w/marinara sauce Southwest Chicken Salad	15 Pancake on a Stick Enchiladas Cheeseburger Spinach Salad Tree Cookie	16 Cinnamon Crisps & Assorted Cheese Stick Half Day
19/26 Winter Recess December 19 – January 6	20/27 Winter Recess December 19 – January 6	21/28 Winter Recess December 19 – January 6	22/29 Winter Recess December 19 – January 6	23/30 Winter Recess December 19 – January 6

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Daily Breakfast and Lunch Selections: Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce
Selección diaria de desayunos y almuerzos. Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

*Contains Pork/Contiene carne de cerdo

