


JAMAICA AND EARLY BEGINNINGS BREAKFAST AND LUNCH MENU DECEMBER 2016

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO

Variety Cereal is offered daily as a second breakfast option/ Diariamente se ofrece una variedad de cereales como segunda opción para el desayuno

Cold sandwiches offered daily as a second lunch option/ Diariamente se ofrecen sándwiches fríos como segunda opción para el almuerzo

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast Bagel-ful Fruit Mix Lunch Orange Chicken Asian steamed vegetables Mandarin Oranges	2 Breakfast Mini Loaf & Asst. Cheese Sticks Honeydew Lunch Cheese Ravioli Cauliflower, Cantaloupe
5 Breakfast Ham & Cheese Croissant Banana Lunch Chicken Quesadilla Green Beans, Strawberries	6 Breakfast Cinni-Minis Kiwi Lunch Cheese or Pepperoni Pizza Zucchini, Pears	7 Breakfast Breakfast Burrito Strawberries Lunch Beef Pot Roast Mashed Potatoes, Sliced Peaches	8 Breakfast Apple Muffin Sliced Peaches Lunch Chicken Patty Sandwich Green peas, Strawberries	9 Breakfast Egg & Cheese Biscuit Blueberries Lunch Bean & Cheese Burrito Roasted Carrot, Fruit Mix
12 Breakfast Breakfast Pizza Sliced Peaches Lunch Beef Soft Taco Corn, Oranges	13 Breakfast Mini French Toast Strawberries Lunch Meatball Sub Broccoli, Pears	14 Breakfast Beef Sausage Sandwich Applesauce Lunch Teriyaki Chicken Asian Steamed Vegetables Mandarin Oranges	15 Breakfast Pancake Orange Lunch BBQ Sandwich Sweet Potato Fries, Honeydew Tree Cookie 	16 No Classes Teacher Workday
19/26	20/27	21/28	22/29	23/30
Winter Recess December 19 – January 2				

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