


HIGH SCHOOL BREAKFAST & LUNCH MENU DECEMBER 2016

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO



Breakfast listed in Red.
Variety Cereal is offered daily as a second breakfast option/ Diariamente se ofrece una variedad de cereales como segunda opción para el desayuno

Assorted Sandwiches offered at Lunch, choices may vary daily;
Turkey & Cheese on a Bun, PBJ Sandwich, Veggie Submarine, Ham and Cheese on Bun, Tuna Salad Sandwich, Egg Salad Sandwich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast Pancake Sandwich Stromboli Bean & Cheese Burrito Turkey Sub Cheeseburger Spinach Salad	2 Egg & Cheese Breakfast Flatbread Chicken Alfredo Chicken Taco Pepperoni or Cheese Pizza Spicy Chicken Sandwich Taco Salad
5 Pancake on Stick Penne Pasta w/meatballs Chicken Taco Pepperoni or Cheese Pizza Chicken Patty Sandwich Chicken Caesar Salad	6 Breakfast Pizza Calzone Hot Ham & Cheese Sandwich Cheeseburger Spicy Chicken Salad	7 Egg & Cheese Slider Orange Chicken Beef Taco Pepperoni or Cheese Pizza Spicy Chicken Sandwich Southwest Chicken Salad	8 Chicken Sausage Breakfast Biscuit Roasted Turkey Pig in a Blanket Stromboli Cheeseburger Spinach Salad	9 Egg & Cheese English Muffin Sandwich Mexican Combo Hot Dog Pepperoni or Cheese Pizza Spicy Chicken Sandwich Taco Salad
12 Ultimate Breakfast Round Pepperoni or Cheese Pizza Mexican Combo Chicken Patty Sandwich Chicken Caesar Salad	13 Egg & Cheese Biscuit Calzone Chicken Lo Mein Cheeseburger Spicy Chicken Salad	14 Egg and Cheese Slider BBQ Chicken Cheese Ravioli w/marinara sauce Pepperoni or Cheese Pizza Spicy Chicken Sandwich Southwest Chicken Salad	15 Pancake on a Stick Stromboli Enchiladas Chili Dog Cheeseburger Spinach Salad Tree Cookie 	16 Teacher Workday No Classes
19/26	20/27	21/28	22/29	23/30
Winter Recess December 19 – January 2				

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Daily Breakfast and Lunch Selections: Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce
Selección diaria de desayunos y almuerzos. Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

*Contains Pork/Contiene carne de cerdo

