


HIGH SCHOOL BREAKFAST AFTER THE BELL & LUNCH MENU DECEMBER 2016

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO

Breakfast After the Bell listed in Red.

Assorted Sandwiches offered at Lunch, choices may vary daily;

Turkey & Cheese on a Bun, PBJ Sandwich, Veggie Submarine, Ham and Cheese on Bun, Tuna Salad Sandwich, Egg Salad Sandwich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Bagel-fuls Stromboli Bean & Cheese Burrito Turkey Sub Cheeseburger Spinach Salad	2 Egg & Cheese Biscuit Chicken Alfredo Chicken Taco Pepperoni or Cheese Pizza Spicy Chicken Sandwich Taco Salad
5 Breakfast Pizza Penne Pasta w/meatballs Chicken Taco Pepperoni or Cheese Pizza Chicken Patty Sandwich Chicken Caesar Salad	6 French Toast Calzone Hot Ham & Cheese Sandwich Cheeseburger Spicy Chicken Salad	7 Beef Sausage Sandwich Orange Chicken Beef Taco Pepperoni or Cheese Pizza Spicy Chicken Sandwich Southwest Chicken Salad	8 Variety of Cereal Roasted Turkey Pig in a Blanket Stromboli Cheeseburger Spinach Salad	9 Yogurt & Graham Crackers Mexican Combo Hot Dog Pepperoni or Cheese Pizza Spicy Chicken Sandwich Taco Salad
12 Egg & Cheese Slider Pepperoni or Cheese Pizza Mexican Combo Chicken Patty Sandwich Chicken Caesar Salad	13 Waffles Calzone Chicken Lo Mein Cheeseburger Spicy Chicken Salad	14 Pancake on Stick BBQ Chicken Cheese Ravioli w/marinara sauce Pepperoni or Cheese Pizza Spicy Chicken Sandwich Southwest Chicken Salad	15 Blueberry Muffin Stromboli Enchiladas Chili Dog Cheeseburger Spinach Salad Tree Cookie 	16 Teacher Workday No Classes
19/26	20/27	21/28	22/29	23/30
Winter Recess December 19 – January 2				

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Daily Breakfast and Lunch Selections: Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce
Selección diaria de desayunos y almuerzos. Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

*Contains Pork/Contiene carne de cerdo

