



ELEMENTARY & K-8 BREAKFAST AFTER THE BELL AND LUNCH MENU OCTOBER 2016

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO

Cold sandwich offered daily as a second lunch option.



BREAKFAST AFTER THE BELL WAS PREVIOUSLY BREAKFAST IN THE CLASSROOM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast Breakfast Burrito Burrito de desayuno Lunch Chicken Alfredo Pollo pasta alfredo	4 Breakfast Crunch Bar Barra crujiente de avena sabor a limón Lunch Super Nachos Super nachos	5 Breakfast Cheese Omelet Tortilla de huevo, con queso Lunch Pig in Blanket "Pig in a Blanket"	6 Breakfast Banana Muffin Mollette de plátano Lunch Roast Turkey w/ Gravy Pavo asado con salsa " "	7 Teacher Workday No Classes
10	<h2 style="color: #8b4513;">Fall Break October 10-14</h2>			14
17 Breakfast Breakfast Pancake Sandwich Sándwich de hotcakes para el desayuno Lunch Chicken Lo Mein" Pollo con tallarines al estilo Lo Mein	18 Breakfast Frudal "Frudal" Lunch Enchiladas "Enchiladas"	19 Breakfast Breakfast Pizza Pizza de desayuno Lunch BBQ Chicken Pollo con salsa dulce, al estilo barbaoco	20 Breakfast Cereal Cereal Lunch Empanda Empanada	21 Breakfast Egg & Cheese Breakfast Flatbread Huevo y Queso con Pan Lunch Hot Ham & Cheese Sandwich Sándwich caliente, de jamón y queso
24 Breakfast Ultimate Breakfast Round "Ultimate Breakfast Round" Lunch Mexican Combo Combinación mexican	25 Breakfast Pancakes "Panqueques" Lunch Penne Pasta w/meatballs Fideo tallarín con albóndigas	26 Breakfast Bacon,Egg & Cheese on Toast Pan tostado con tocino, huevo y queso Lunch Orange Chicken Pollo con naranja	27 Breakfast Bagel-fuls "Bagel-fuls" Lunch Turkey Sub Sandwich Sándwich de pavo; "Turkey Sut"	28 Breakfast Mini Loaf & Assorted Cheese Stick Panecito & surtido de palitos de queso Lunch Ravioli w/ Marinara sauce Raviolos con salsa de tomate estilo "marinara"
31 Breakfast Ham & Cheese Croissant Croissant de jamón y queso Lunch Fish Tacos Tacos de Pescado				

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Daily Breakfast and Lunch Selections: Milk Variety: Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of Cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce
Selección diaria de desayunos y almuerzos. Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

* Contains Pork/Contiene carne de cerdo

