

**1. Dole 5 A Day for Educators**

<http://www.superkidsnutrition.com/superkids-nutrition-teacher-health-educator-headquarters/>

**2. Fruit and Vegetables: More Matters, Get Kids Involved**

[http://www.fruitsandveggiesmorematters.org/?page\\_id=6](http://www.fruitsandveggiesmorematters.org/?page_id=6)

**3. Health and Nutrition Education Catalog**

<http://www.ncescatalog.com/>

**4. MyPlate**

<http://www.choosemyplate.gov/>

**5. National Dairy Council**

<http://www.nationaldairycouncil.org/Pages/Home.aspx>

**6. Teach Free.org**

<http://www.teachfree.com/Index.aspx>

**7. USDA Team Nutrition Resources**

<http://teamnutrition.usda.gov/library.html>

This site provides a comprehensive list of resources available through Team Nutrition to schools and child care facilities that participate in the Federal Child Nutrition Programs. For easy reference, these resources have also been subdivided by audience:

- Foodservice Professionals
- Educators
- Parents
- Child Care Providers
- Resources Available in Spanish

**8. Let's Move.gov**

<http://www.letsmove.gov>

*Let's Move!* is a comprehensive initiative, launched by the First Lady, dedicated to solving the problem of obesity within a generation, so that children born today will grow up healthier and able to pursue their dreams.

**9. LiveWell Colorado**

[www.LiveWellColorado.org](http://www.LiveWellColorado.org)

LiveWell Colorado is a non-profit working to prevent and reduce obesity in Colorado and is the sponsor of the Go, Slow, Whoa program with Channel 7. There are many healthy recipes and tips for healthy eating and active living.